



The Hoodie

This is the easiest hoodie pattern and tutorial I could come up with. I have tried my best to simplify the method, but still, I believe it is for the intermediate to the advanced seamstress. As promised we are going to slowly work our way into comfortable workout clothing. This is the first pattern on our "Sew Fit" storyboard.

Hoodies are super popular these days. They are very functional and can be worn not only as work-out wear but also on any trip to the store or just around the house.

This hoodie is a zippered and slightly fitted but is not supposed to be tight, so please pay attention to the finished garment measurements. It is meant to be worn with a tank top and sweatpants which we will be making later.

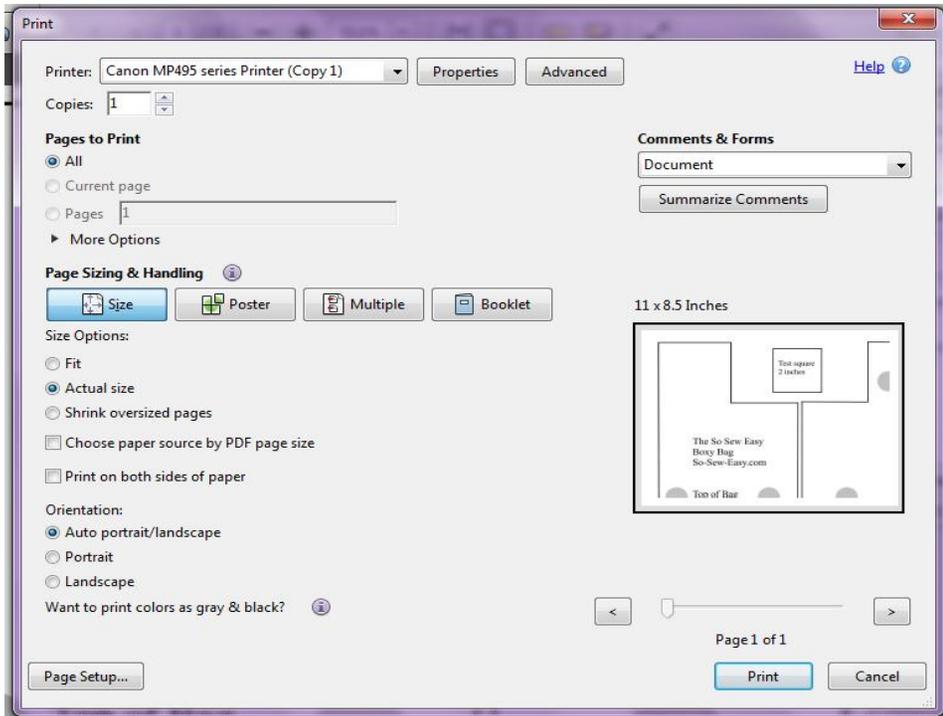
By far the best fabric that you can use if you live in a cold place is a 12.4-ounce fleece, but do not limit yourself to that option alone. There are many other options. I have provided some suggestions below.

I am using jersey knit for this hoodie pattern because I live in the tropics and can't use fleece which would be way too hot. However, if you are mixing textiles for a hip look (which I encourage you to do) make sure you use the heavier fabric on the body and lighter fabric on the sleeves.

You can read more about this pattern over at So Sew Easy [HERE](http://so-sew-easy.com).

Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>

To print your PDF pattern



the reverse of your fabric to cut.

Help printing and assembling your pattern

You can find helpful tutorials on how to download, print and assemble PDF sewing patterns here:

[How to download and print a PDF sewing pattern](#)

[How to print and assemble a PDF sewing pattern](#)



Your pattern pieces come at the end of these instructions. For accurate printing, please make sure you are using the latest version of Adobe Reader. You can [download the latest version here](#) if you need to.

Select File → Print and the print dialogue box opens. Under Page Sizing and Handling, select ACTUAL SIZE . Check the preview in the right hand side illustration. Select the page numbers you want to print. You can print the whole document, or just the pattern pieces.

On the edge of the top left page is a box you can use to test your printing. This box should measure 2 inches square. If yours is wildly different you will need to check your printer options to make sure the pages are not being resized.

Use the grey guides on the overlap of the sheets to match up the pattern pieces, folding under or cutting off any overlaps, tape together and cut out your pattern pieces.

Also note that you will need to cut two straps at 4 inches by 22 inches, for which no pattern piece is supplied – it's just a rectangle! You can draw the straps on

Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>

Materials:

- cotton fleece (anti-pill) 60" wide (1 1/4 to 1 3/4 yards)
- Jersey knit 60" wide X 22" (56cm) for contrast
- thread to match
- [cotton tape](#) 1/2" (reinforced neck seam) 1/2 yard
- shoe lace or nylon cord 1 1/2 yards
- one (1) open ended zipper 22", 23" or 24" long depending on the size you are making

Tools:

- [Jersey needle #80](#)
- two (2) grommets
- [grommet tool or pliers](#)
- zipper foot
- one (1) bobby pin
- Serger or overlocker.
- needle



Find more great sewing patterns at So Sew Easy – <http://so-sew-easy.com>

Thank you for downloading this pattern and tutorial. I hope you enjoyed making this project and remember that I love to see what you made so do upload your completed projects to the pattern page on Craftsy.

Keep up with all the latest news and sewing projects at [So Sew Easy](#).

We also have a really great sewing chat group where you can ask questions, share your completed projects, and get 24 hr sewing inspiration. It's not just for So Sew Easy projects – you can chat about all sewing there, whether a newbie just starting out, or an advanced and experienced sewer, there's something for everyone in the sewing chat group. Join us here.

[SEWING CHAT GROUP](#)

For the latest list of both free and paid patterns available, pop on over to [my designer page at Craftsy](#).

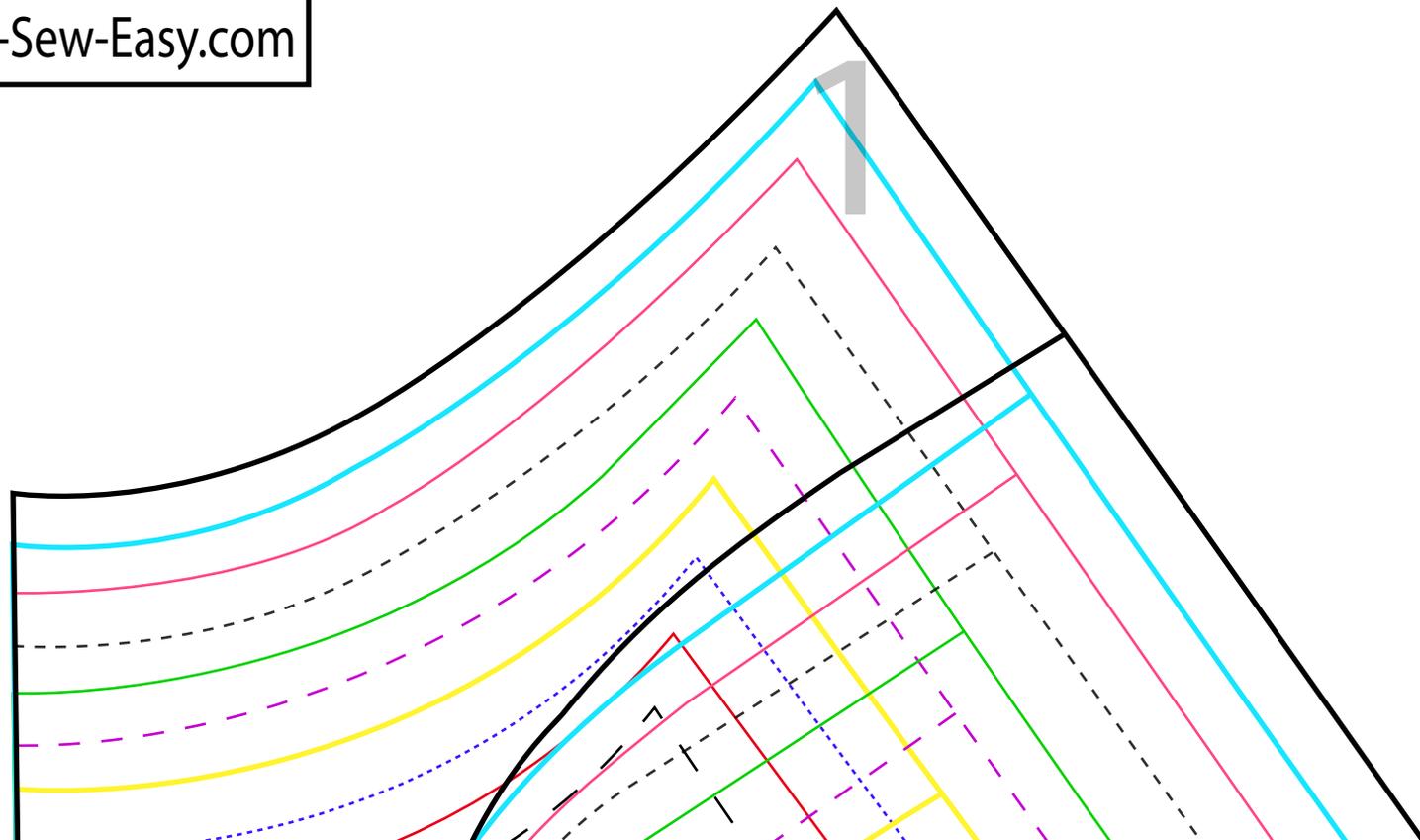
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Usage – you ARE allowed to use this pattern to make things to sell on a small handmade basis, such as for craft fairs and for your Etsy shop. However it may not be used for larger scale commercial purposes without a commercial license.



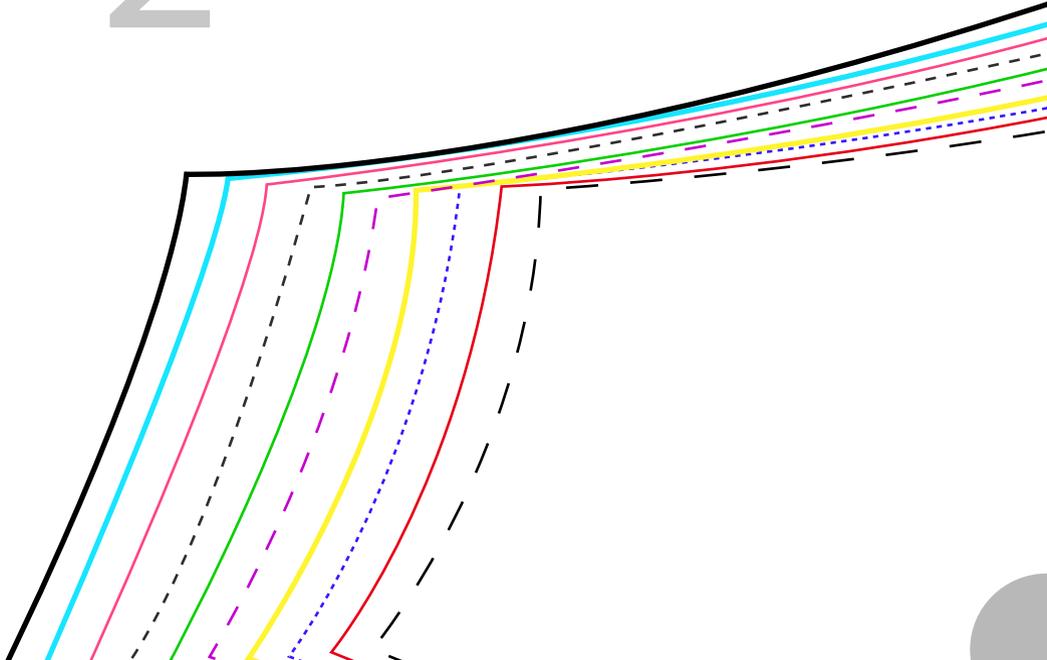
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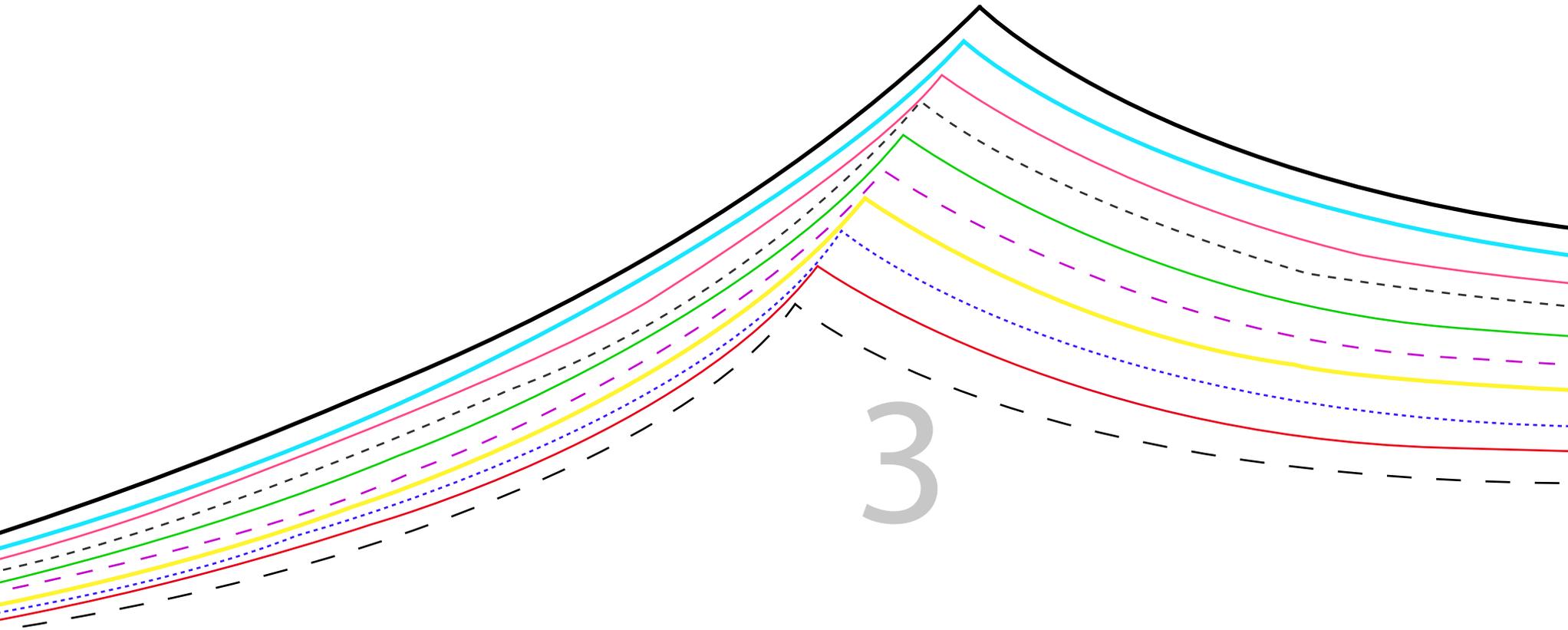
The Hoodie
2" x 2" square test
Sew Fit Collection
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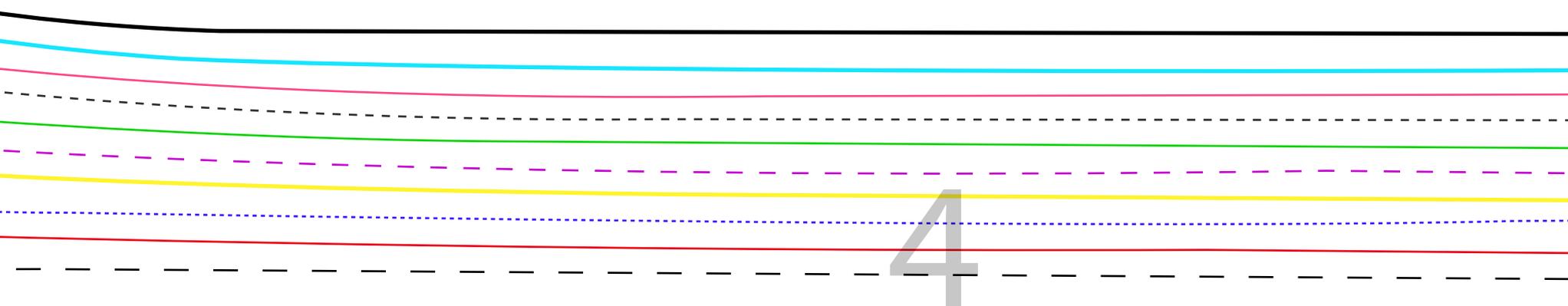
- Size 6 - - - - -
- Size 8 —————
- Size 10 (dotted)
- Size 12 —————
- Size 14 - - - - -
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- Size 18 - - - - -
- Size 20 —————
- Size 22 —————
- Size 24 —————

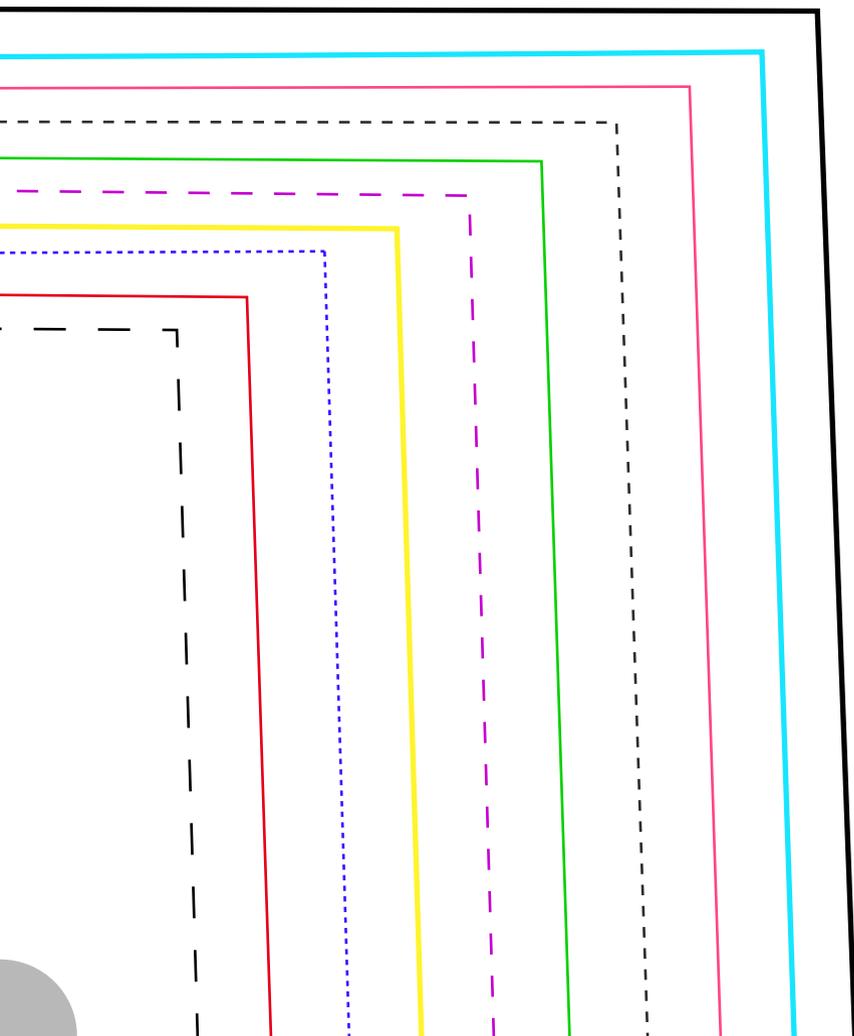
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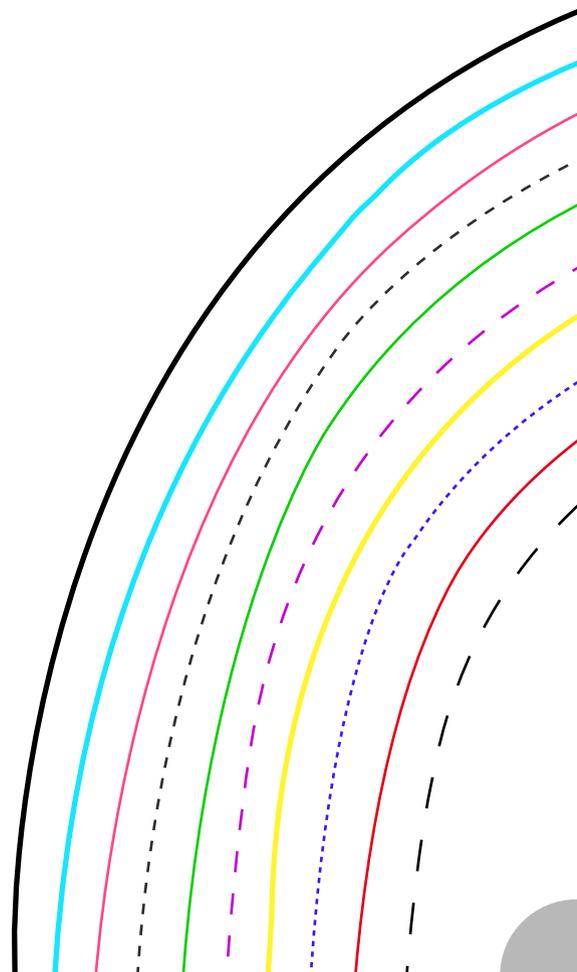


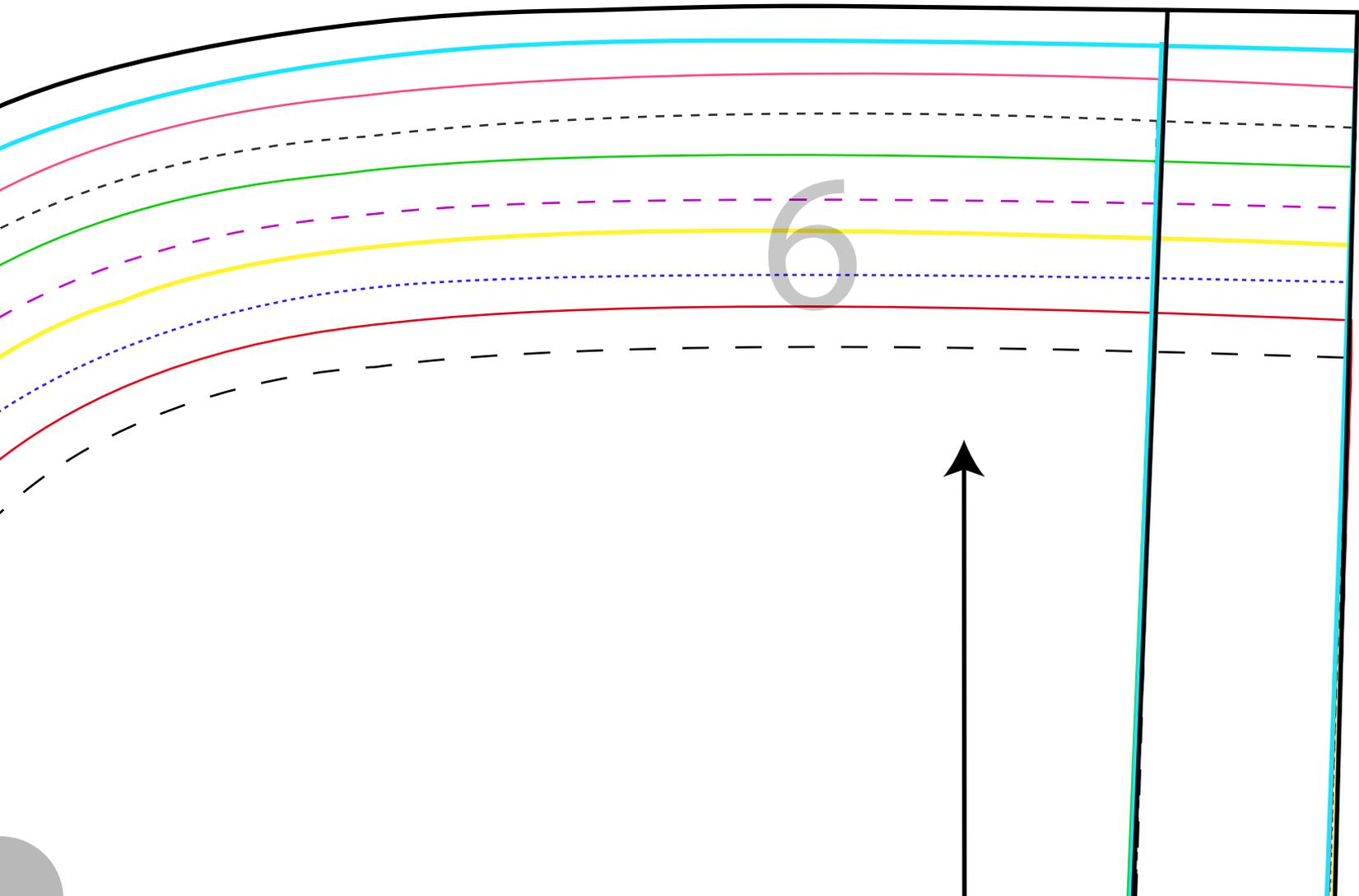
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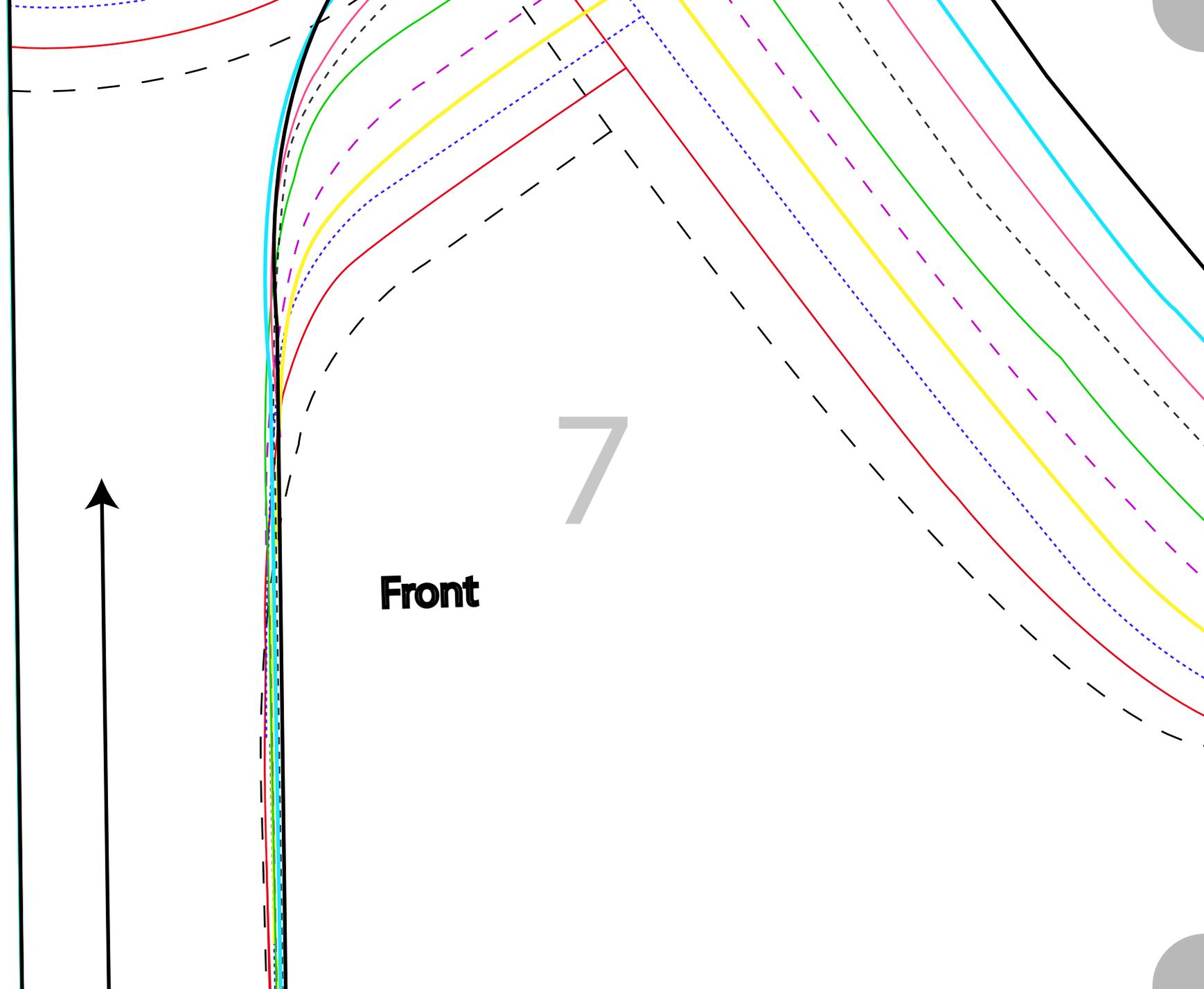




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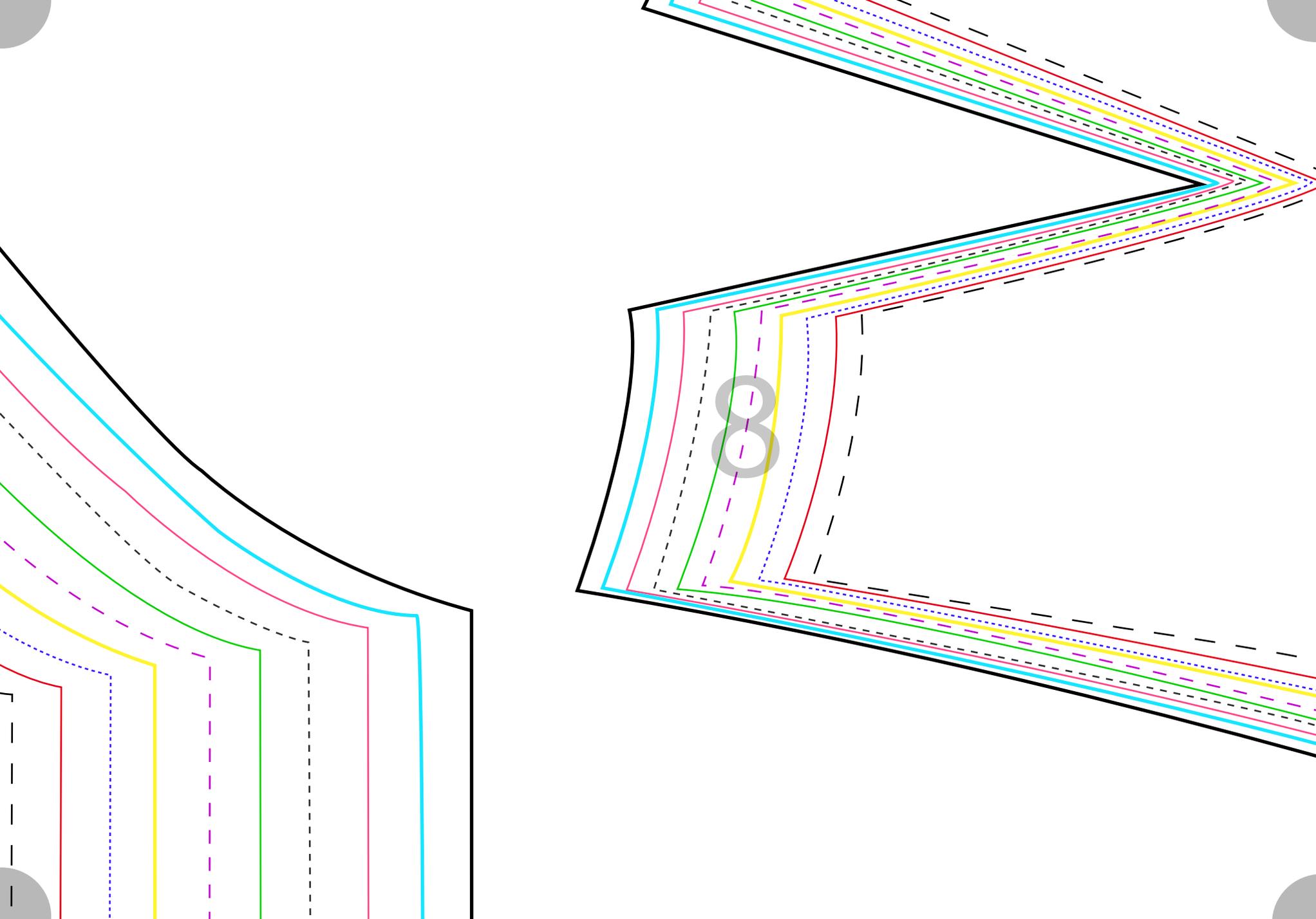






Front

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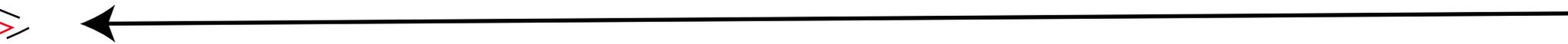
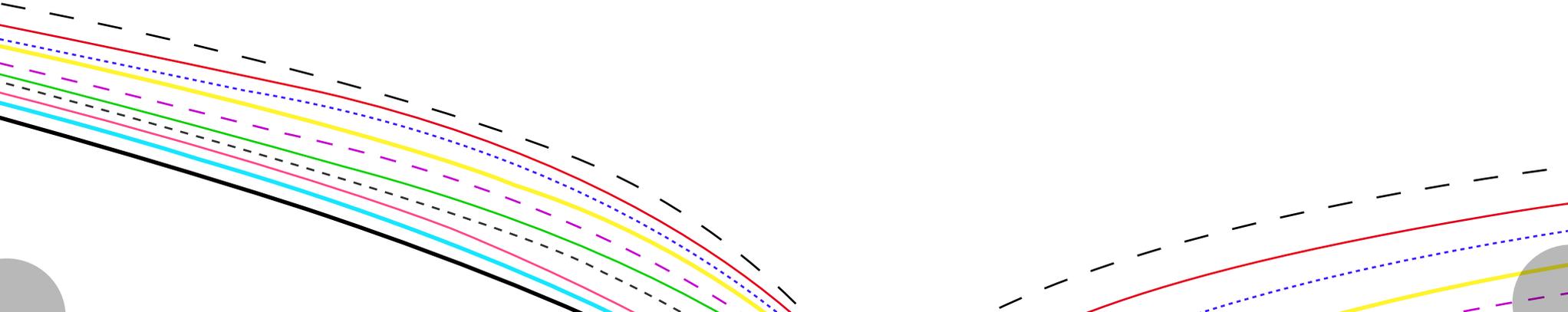


Cut two

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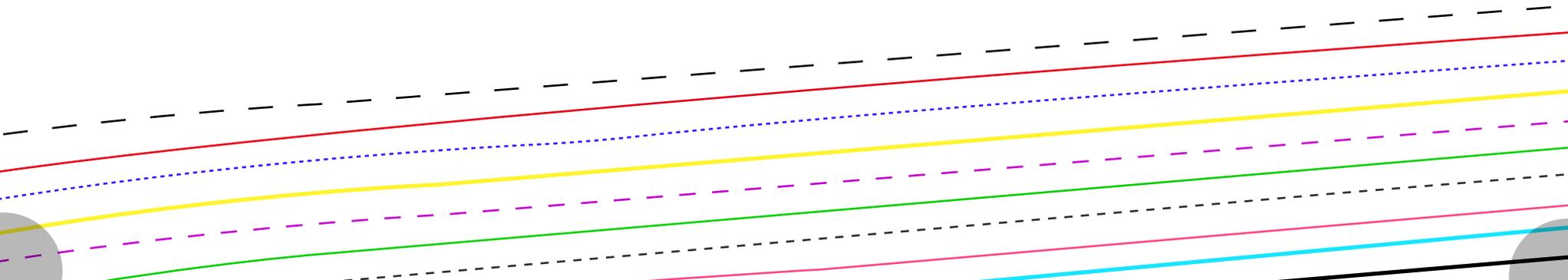
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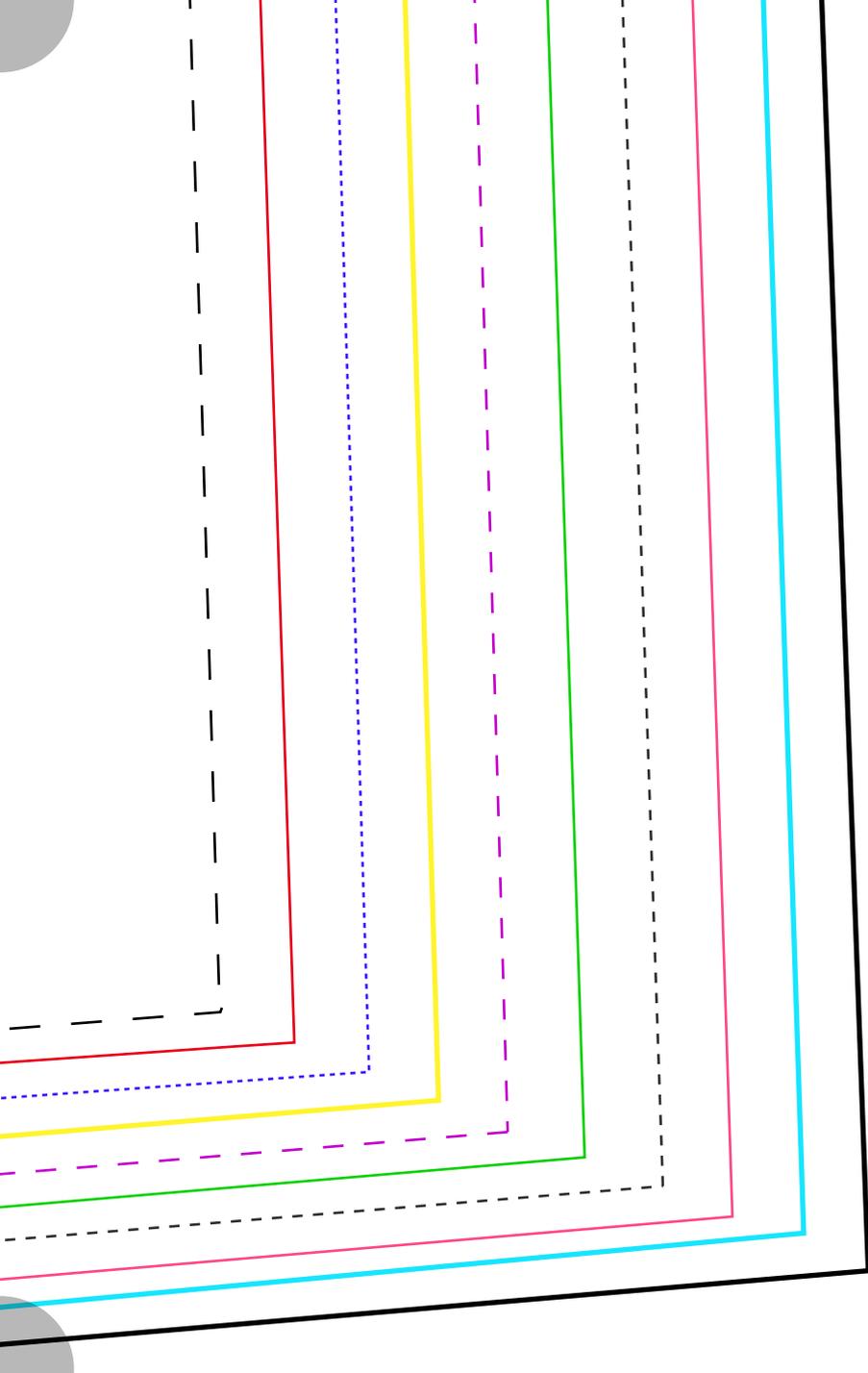
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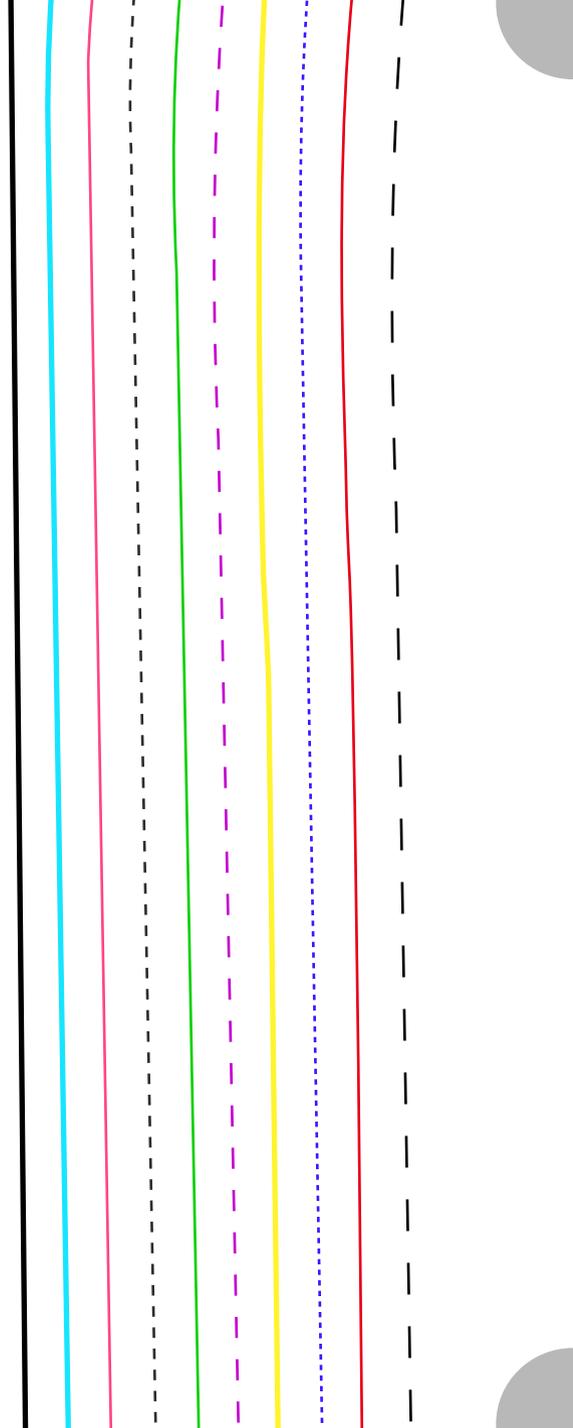


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Cut two

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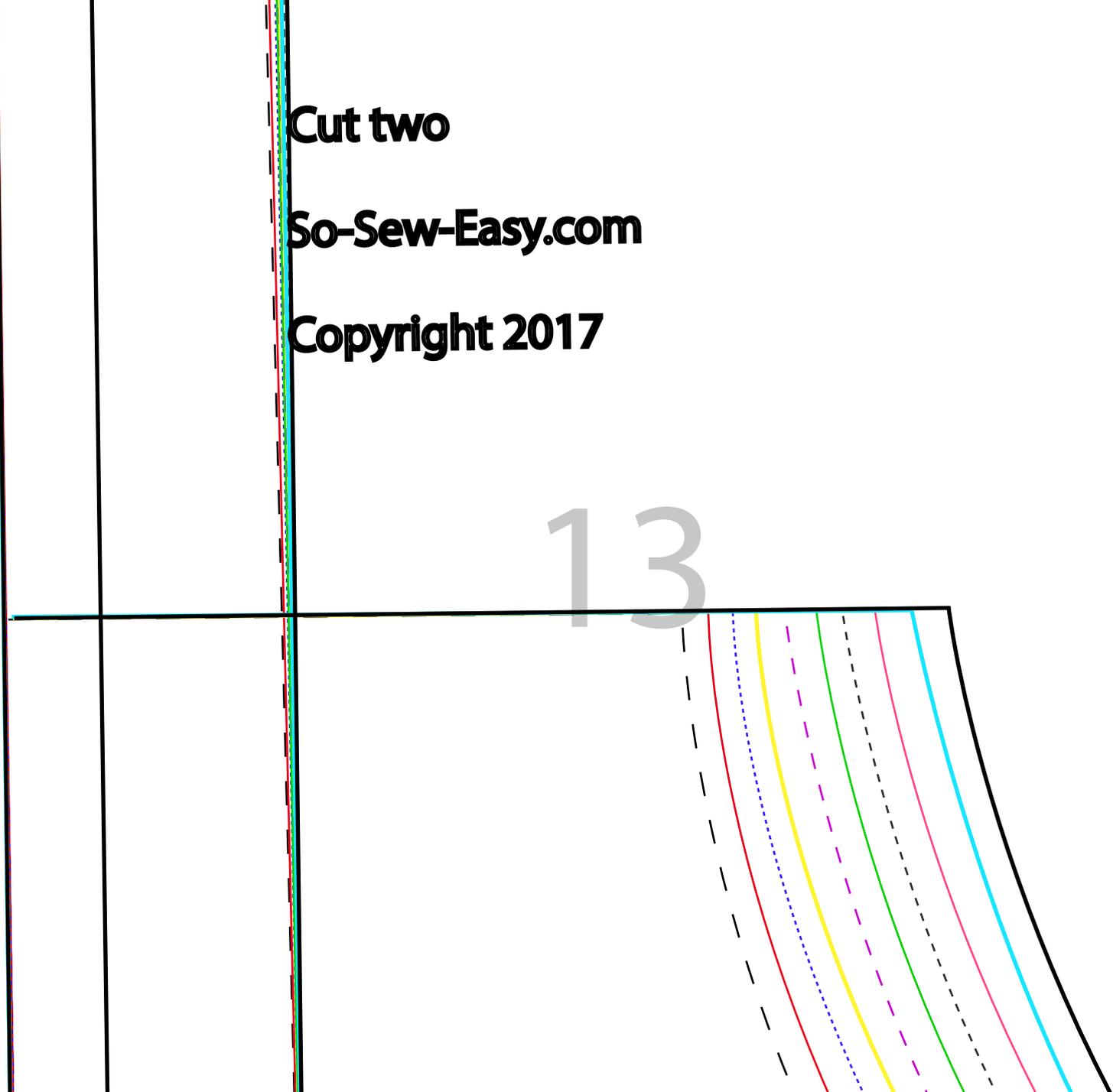
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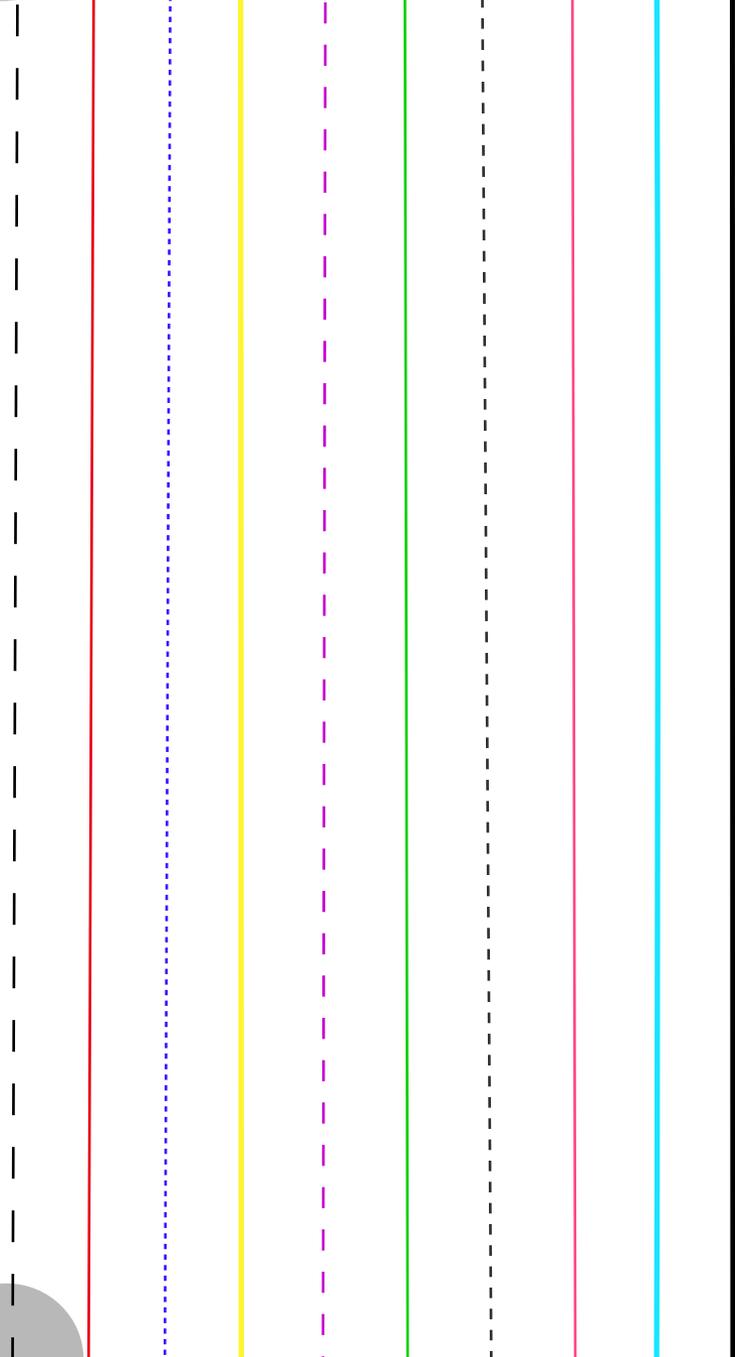
Cut two

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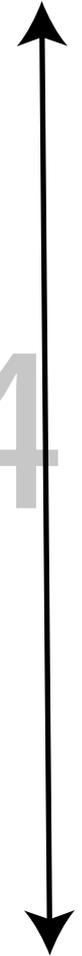
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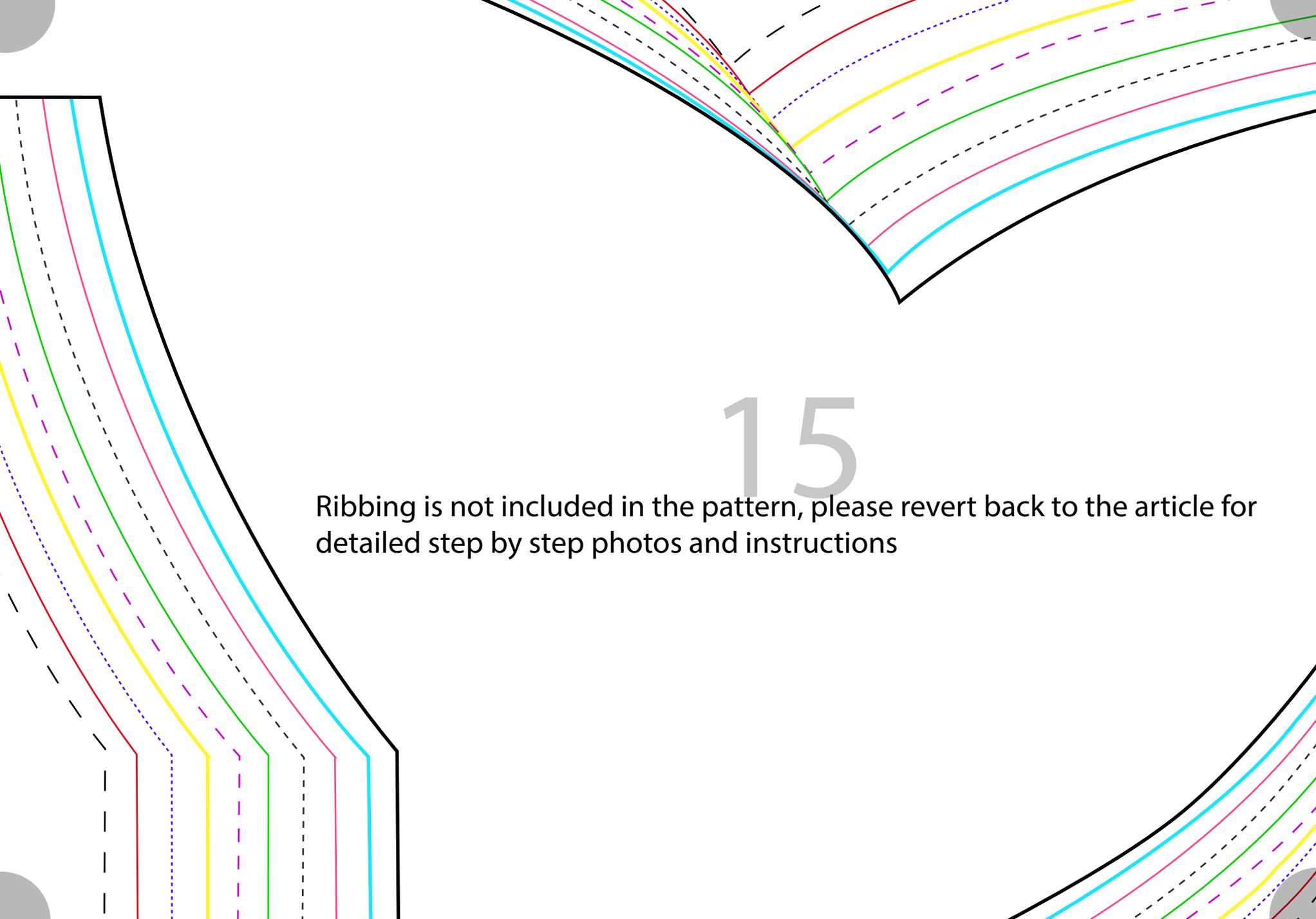


Cut two On Contrast fabric

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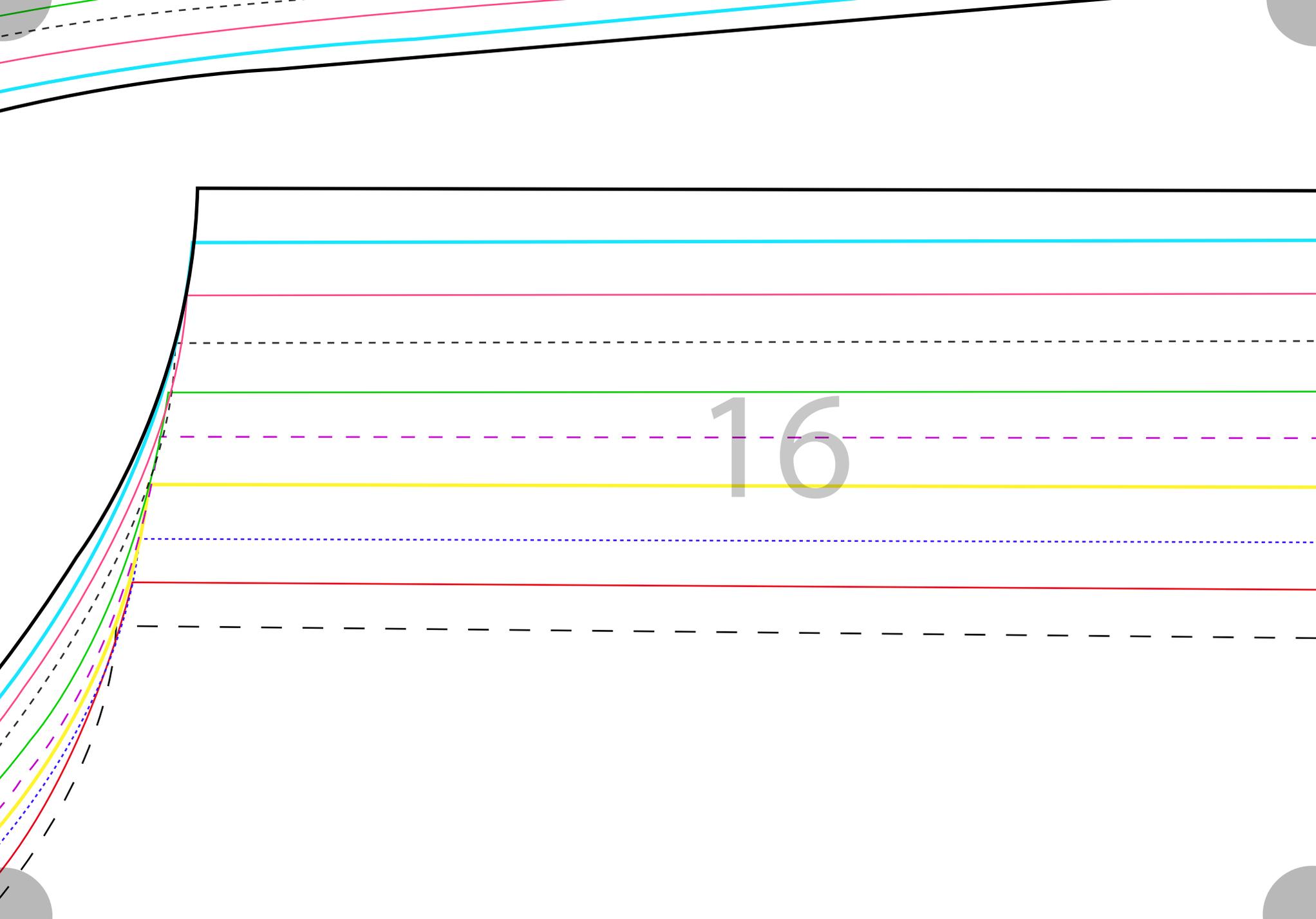
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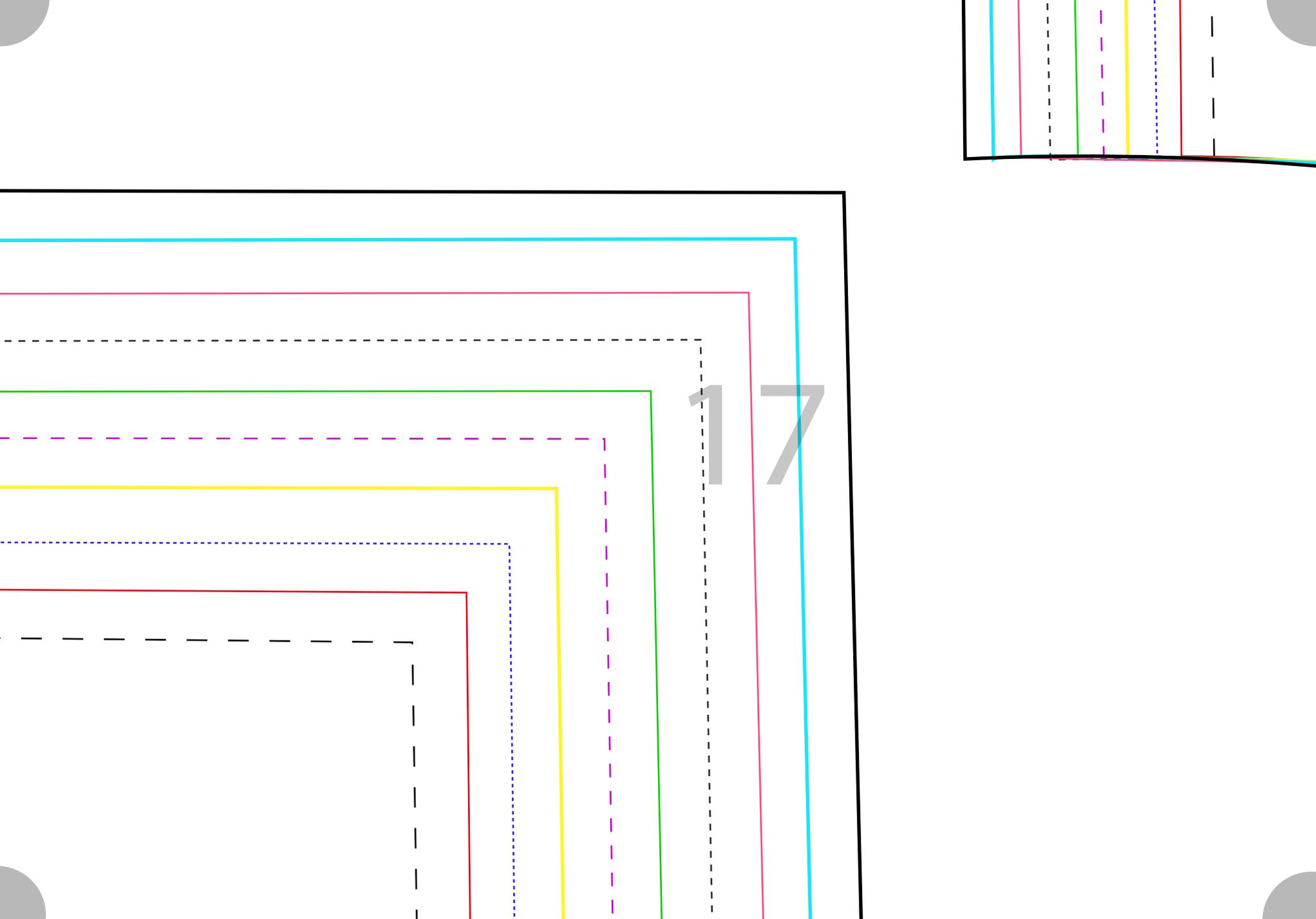
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Ribbing is not included in the pattern, please revert back to the article for detailed step by step photos and instructions

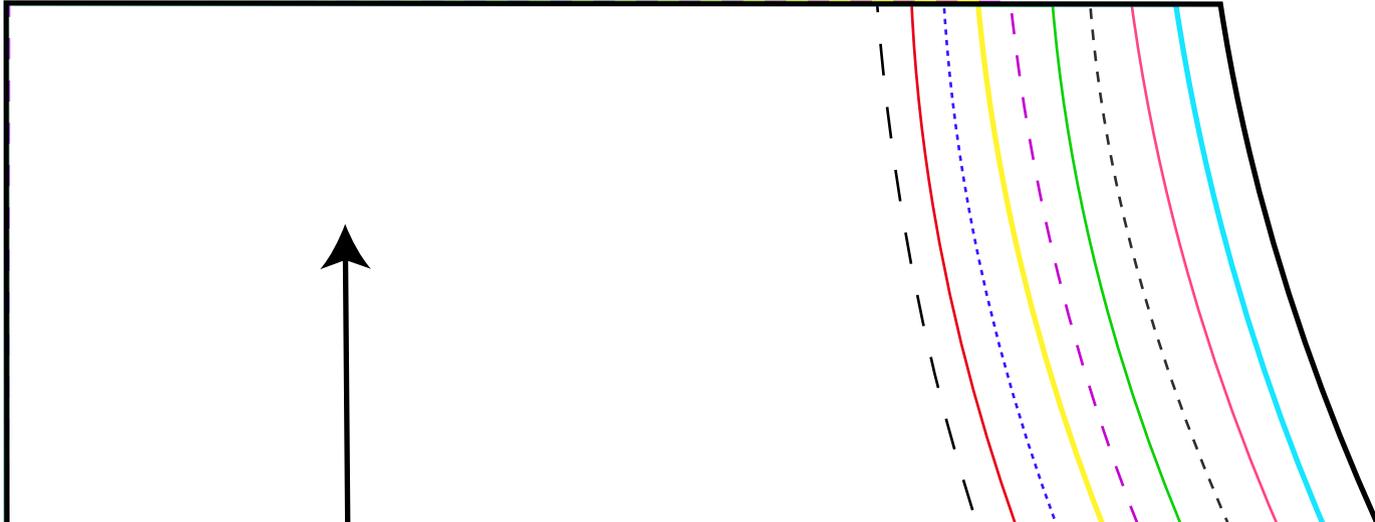
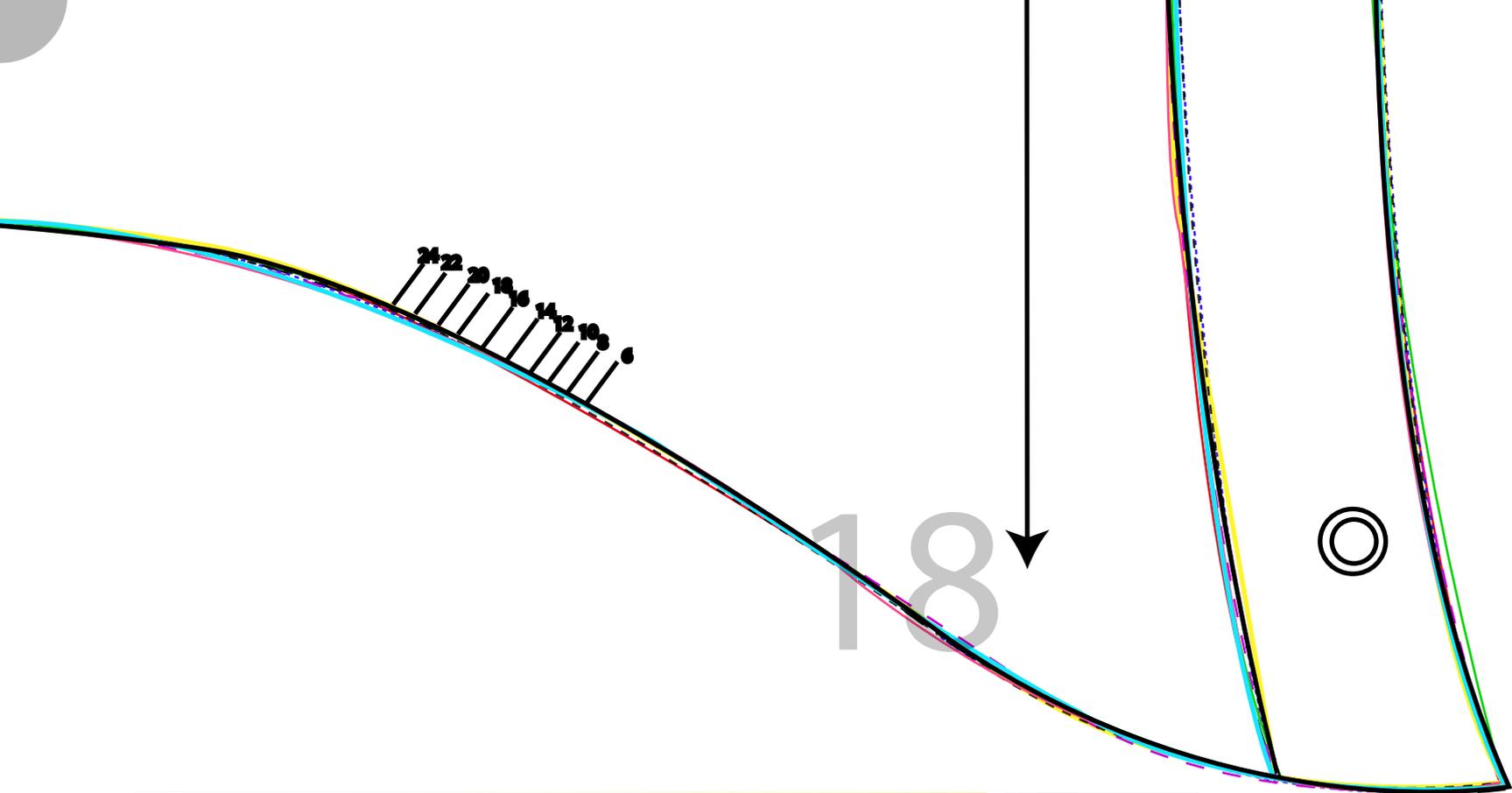


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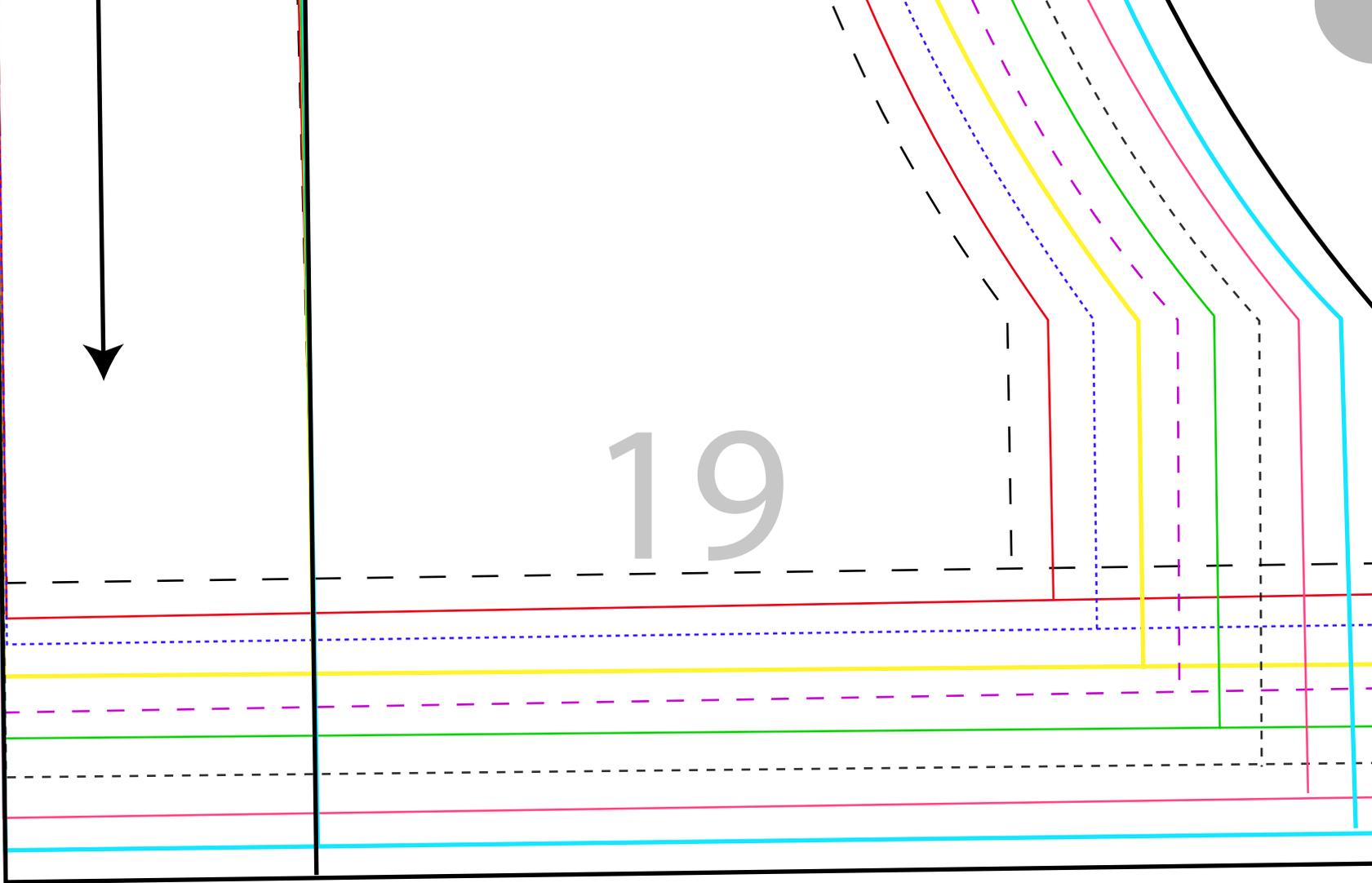


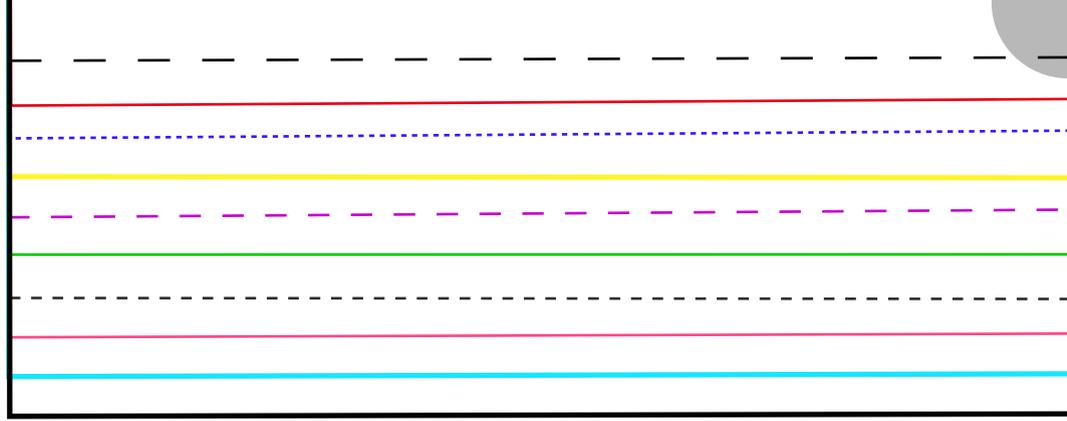
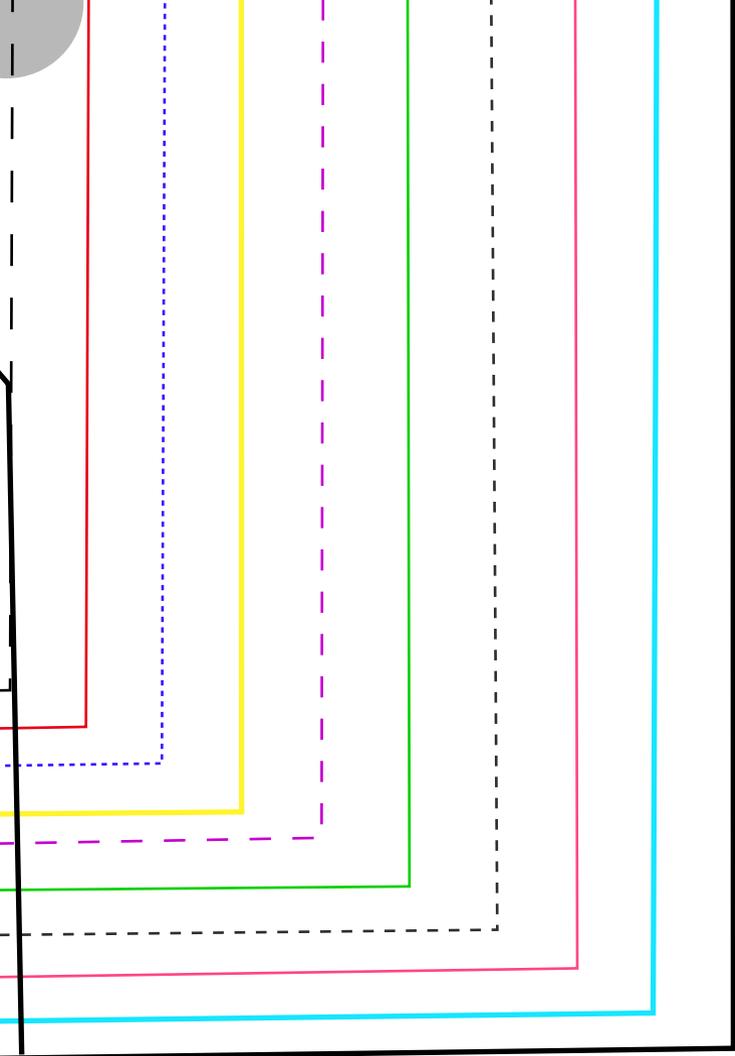
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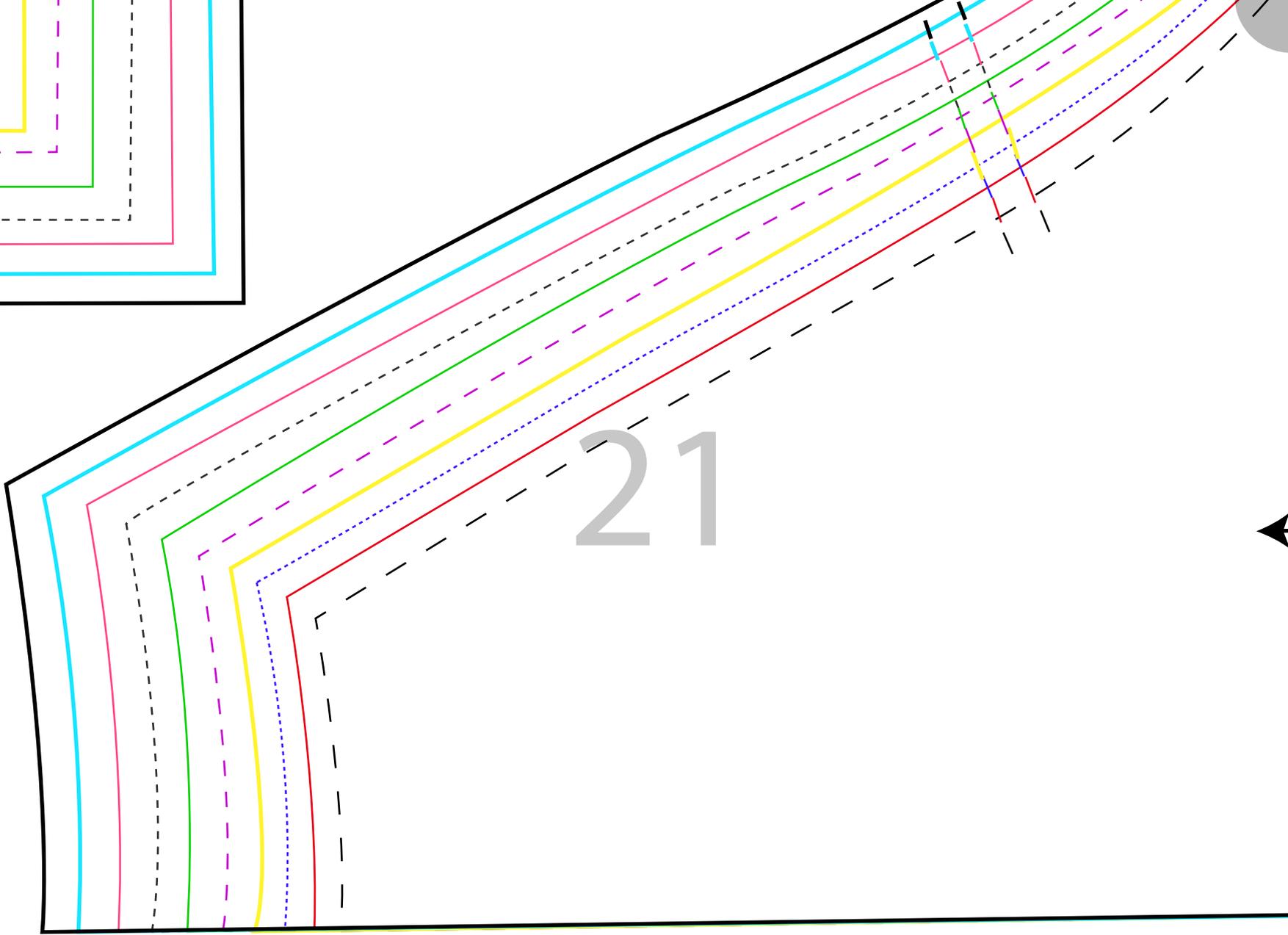
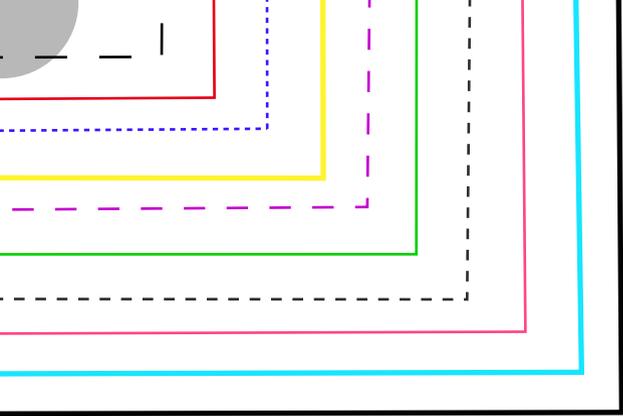


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Back

Cut one

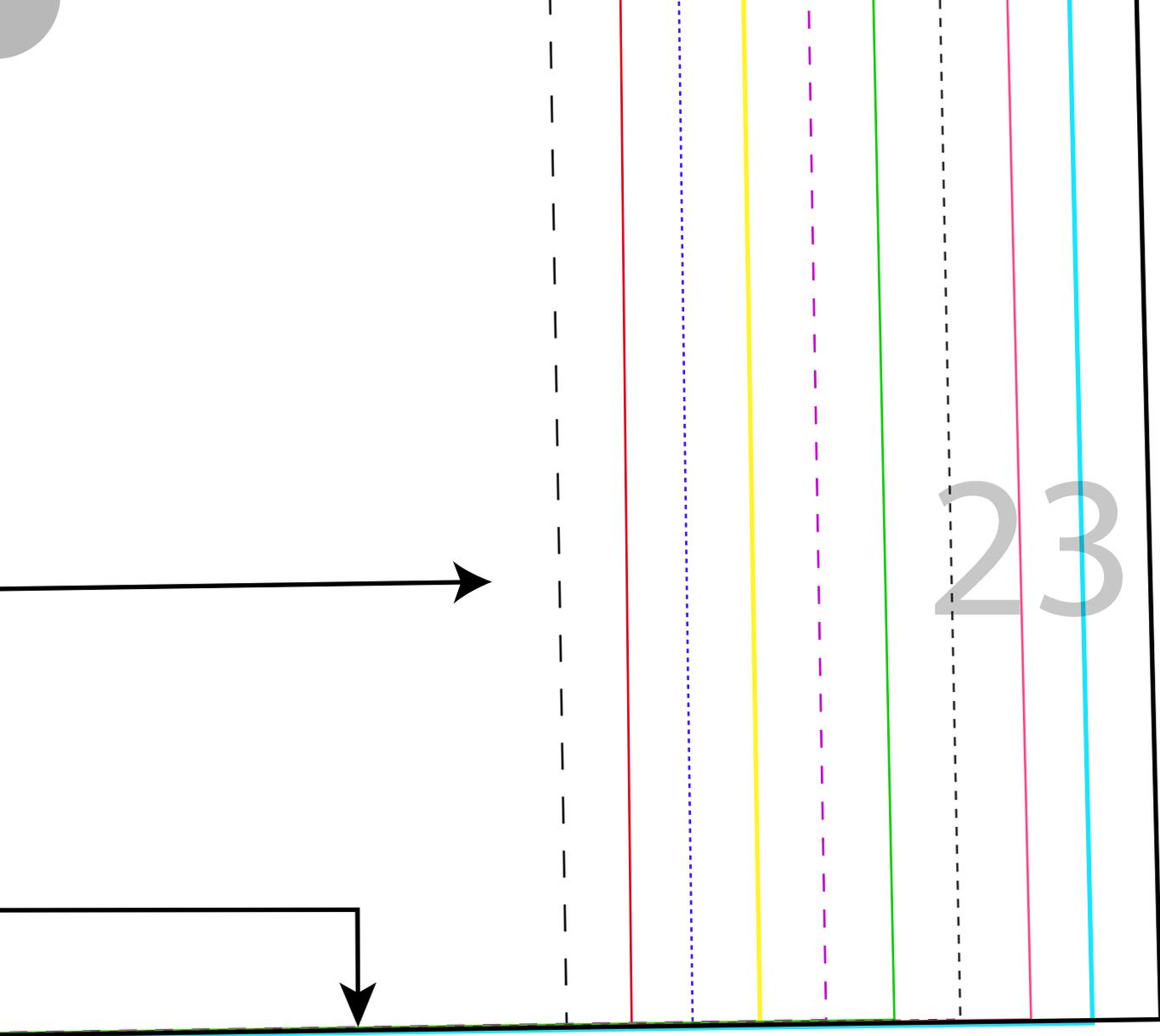
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22

cut on fold





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Cut two

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